



# Sri Sarada College for Women

(An Autonomous Institution)

(Reaccredited with "A" grade by NAAC)

Institution included u/s 2(f) and 12(B) of UGC

Affiliated to Manonmaniam Sundaranar University

(A branch of Sri Ramakrishna Tapovanam, Tirupparaithurai)

Ariyakulam, Tirunelveli Thoothukudi –High Road, Maharaja Nagar Post,

**TIRUNELVELI- 627 011.**

**Website: [srisaradacollege.org](http://srisaradacollege.org)**



## INTERNATIONAL YOGA DAY PROGRAMME

Lecture Workshop

Date: 10.06.2022

Venue: Seminar Hall

Mode: Hybrid Mode



The Students of I, II & III B.A Economics and Faculty Members of Sri Sarada College for Women (Autonomous), Tirunelveli – 627011 have participated in the Offline workshop International Yoga Day programme by Dr.S.Mariappan, Director of Physical Education, Sri K.G.S. College, Srivaikundam on 10 June 2022 at 2.00 pm to 3.00 pm from their respective classes.