



Sri Sarada College For Women

(An Autonomous Institution) (Reaccredited
with “A” grade by NAAC)

Institution included u/s 2(f) and 12(B) of UGC
Affiliated to Manonmaniam Sundaranar University
(A branch of Sri Ramakrishna Tapovanam, Tirupparaithurai)
Ariyakulam, Tirunelveli Thoothukudi –High Road, Maharaja Nagar Post,
TIRUNELVELI- 627 011.



CRITERION III

3.6 EXTENSION ACTIVITY

**3.6.3. Number of extension and outreach programmes
conducted by the institution through NSS/NCC/Red
Cross/YRC, etc.**

(2021-2022)



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Ariyakulam, Thoothukudi NH, Maharaja Nagar Post,
TIRUNELVELI – 627011

National Cadet Corps(NCC)

Name of the Forum : National Cadet Corps
Vice President : Lt (Smt) S. Chithra , Assistant Professor of English &
Associate NCC Officer
Senior Under Officer : Selvi S. ShunmugaPriya III B.Sc Mathematics
Cadet Under Officer : Selvi B.Kannamma II B.Sc Info Tech

Date	Title of the Event	Venue	Details of Resource Person	Beneficiaries/Remarks
21.06.2021	VII International Yoga Day	At cadets' respective Houses		28 cadets and their family members
07.09.21 To 15.07.21	Painting competition – Swarnim Vijay Varsh	3(TN) Girls Bn NCC, Tirunelveli	Lt Col Bhavender Officer Commanding 3(TN) Girls Bn NCC, Tirunelveli. Lt.S.Chithra (Coy commander)	48 cadets
06/08/2021	Honour of India's Gallantry Awardee	St.Johns College Palayamkottai	Lt.S.Chithra (Coy commander)	15 cadets of SSC , 20 cadets of St .John's College
23/08/2021 To 26/08/2021	Fit India Freedom Run	At cadets' respective area	-	32 cadets
02/11/2021	Video Conference to interact with Group Commander	Smart room, Sri Sarada College for Women, Tirunelveli	Major Manju 3(TN) Girls Bn NCC, Tirunelveli.	13 Senior Wing Associate NCC Officers
08/11/2021	Tree Plantation	Ariyakulam, Tirunelveli	Sub Ajayyan MS(PI staff) 3(TN) Girls Bn NCC, Tirunelveli.	30 cadets and Ariyakulam Village People



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E-mail : srisaradatvl@gmail.com

			Lt.S.Chithra (Coy commander)	
16/11/2021	Statue cleaning	Swami Vivekananda statue at SSC & VOC statue, Palayamkottai	HAV Barik (PI staff) CHM MD Jahangeer(PI staff) 3(TN) Girls Bn NCC, Tirunelveli Lt.S.Chithra (Coy commander)	38 cadets and Palayamkottai people
03/12/2021	Cleanliness Drive	SSC campus & Ariyakulam village	S.Gomathy (GCI) 3(TN) Girls Bn NCC, Tirunelveli Lt.S.Chithra (Coy commander)	49 cadets & Ariyakulam village people
09/12/2021	Honour of India's Gallantry Awardee	Auditorium SSC Tirunelveli	Lt Col Bhavender (Officer Commanding) Sub Ajayan MS (PI staff) HAV Barik (PI staff) CHM MD Jahangeer(PI staff) 3(TN) Girls Bn NCC, Tirunelveli. Lt.S.Chithra (Coy commander)	51 cadets, 5 Gallantry awardees and their family members
22/12/2021	Lecture on Women in Leadership	Auditorium SSC Tirunelveli	Sub AjayanMS (PI staff) 3(TN) Girls Bn NCC, Tirunelveli. Lt.S.Chithra (Coy commander)	49 cadets
04/01/2022	Cyber JaagrooktaDiwas	Auditorium SSC Tirunelveli	Sub AjayanMS (PI staff) 3(TN) Girls Bn NCC, Tirunelveli. Lt.S.Chithra (Coy commander)	49 cadets
05/01/2022	Public Park cleaning	Rahamath Nagar, Tirunelveli	Sub Ajayan MS(PI staff) HAV Barik (PI staff) CHM MD Jahangeer (PI staff) 3(TN) Girls Bn NCC, Tirunelveli. Lt.S.Chithra (Coy commander)	29 cadets & Rahamath Nagar area people
02/03/2022	Special Orientation Programme	Sri Sarada College for Women, Tirunelveli	Ris Maj Ganesan K Sub Ajayan MS CHM MD Jahankeer (PI staff)	29 cadets



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			3(TN) Girls Bn NCC, Tirunelveli. Lt S.Chithra (Coy Commander)	
09/03/2022	Blood Donation Programme	Government Medical College, Tirunelveli	Risk MajGanesan K Sub Ajayan MS CHM MD Jahankeer (PI staff) 3(TN) Girls Bn NCC, Tirunelveli. Lt S.Chithra (Coy Commander)	52 cadets

Students Achievements / Participation in Other College Events

Date	Title of the Event	Venue	Details of participants	Achievements/Remarks
07.09.21 To 15.07.21	Painting competition – SWARNIM VIJAY VARSH	3(TN) Girls Bn NCC, Tirunelveli	15 cadets from various colleges	Won the cash awards 1.Sri AzhahiyaPonnammal (III B.A English) 2.G.Suganya (III B.Com (CS))
22/11/2021 to 28/11/2021	ATC Camp	SSC,Ariyakulam	210 cadets from various colleges	Received application certificate for Best cadets in drill 1.M.Shunmuga Priya (III B.Sc Mathematics) 2.T.Ahila(III BBA)
29/11/2021 to 02/12/2021	ATC Camp	SSC, Ariyakulam	240 cadets from various colleges	Received certificate for Best cadets in drill 1.B.Kannamma (II B.Sc Info Tech) Received certificate for Best pilots 1.V.Saumya (III B.Com (CS)) 2.J.Geeth Vaishnavi (III B.Sc Physics)

NCC PHOTOS(2021-2022)



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❖ VII International Yoga Day on - 21.06.2021



❖ Honour of India's Gallantry Awardee at St. John's College Palayamkottai on 06.08.2021



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❖ Fit India Freedom Run from 23.08.2021 to 26.08.2021



❖ Video Conference to interact with Group Commander on 02.11.2021 at Sri Sarada College for Women.



❖ Tree plantation at Ariyakulam on 08.11.2021



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❖ Statue cleaning at SSC on 16.11.2021



❖ Cleanliness drive at SSC campus on 03.12.2021



❖ Honour of India's Gallantry Awardee at SSC Auditorium on 09.12.2021



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❖ Honour of India's Gallantry Awardee at SSC Auditorium on 09.12.2021



❖ Final tribute to General Bipin Rawat at SSC on 9.12.2021



❖ Special orientation class at SSC on 02.03.2022.



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❖ Blood donation camp at government medical college, Tirunelveli on 09.03.2022



❖ Annual training camp at Sarah Tucker college, Perumpuram, Tirunelveli. (from 01.05.2022 to 10.05.2022)

<p>Janani PS III(Phyisc) Won Gold Medal as the Best Cadet at CATC camp(26.10.22 to 02.11.22) ,Idayapatti, Madurai.</p>	<p>RengaPriyanka R III(B.Com) Won Gold medal as the best camp senior at CATC camp (26.10.22 to 02.11.22),Idayapatti, Madurai .</p>	<p>Krishna Veni K III(BBA) Won Gold Medal in written test at CATC camp (26.10.22 to 02.11.22)Idayapatt i, Madurai.</p>	<p>Shanmugarama M II(BSc Maths) Won Gold medal as the best firer at CATC camp (01.05.22 to 10.05.22)at Sarah Tucker college , Tirunelveli.</p>	<p>VishwaVarshini R took part in EBSB IDC camp at DG NCC Delhi (01.08.22 to 18.08.22)</p>



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GayathriPriya M
III(BSc IT)
Won gold medal as the
Best cadet in Drill at
CATC camp (01.05.22
to 10.05.22) Sarah
Tucker college,
Tirunelveli.



VishwaVarshini R II(Bsc
IT)
Won Gold medal in
Singing at CATC Camp
(01.05.22 to
10.05.22)Sarah Tucker
college, Tirunelveli.

Cadets' Achievements







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LEPROSY AWARENESS PROGRAMME 2021

RED RIBBON CLUB & YOUTH RED CROSS
Cordially Invites you all for the

LEPROSY AWARENESS PROGRAMME FOR COLLEGE STUDENTS

Date : 10.12.2021(Friday)
Time : 03.00 pm -04.00pm
Venue : Sri Vidhya Block (MCA Library)

Programme Schedule

2.30pm - 2.35pm	Prayer Song	Selvi.S. Veera Manohari, III BCA
2.35pm - 2.40pm	Welcome Address	Dr.(Smt)N.Kamala, M.Com.,M.Phil.,NET,PGDCA, Ph.D.,CGT, Principal
2.40pm - 2.45pm	Blessings	Yatiswari Saravanabhava priya Ambaji, Secretary
2.45pm - 2.50pm	Introductory Address	Smt.M.Lalitha, MA.,M.Phil,B.Ed., YRC Coordinator
2.50pm - 3.55pm	Special Address	Mr. S. Balasubramanian, District Health Educator, O/o.DDMS(Leprosy), Tirunelveli.
		Dr.T.Alsarathi, MBBS,DDVL, Deputy Director Medical services(Leprosy), Tirunelveli.
3.55pm - 04.00pm	Vote of Thanks	Ms. S.Anu Nithya, M.A.,M.Phil, RRC Joint Coordinator


College Song


45


RED RIBBON CLUB


தொகுநோய் விழிப்புணர்வு நிகழ்ச்சி


10.12.2021 அன்று நமது கல்லூரியின் செஞ்சுருள் சங்கத்தின் சங்கத்தின் சார்பாக தொகுநோய் விழிப்புணர்வு மூலம் நடைபெற்றது. நமது கல்லூரியின் செஞ்சுருள் சங்கம் மற்றும் ஒடுங்குகணையாளர் திருமதி பி. அனுமதி மற்றும் செஞ்சுவை சங்கம் ஒடுங்குகணையாளர் M.லலிதா சிவர்கள் நிகழ்ச்சி ஏற்பாடுகளை செய்தனர். மேலும் சிறப்பு விருந்தினர்கள் திரு. S.பாலசுப்பிரமணியன், District Health Educator, O/o. DDMS (Leprosy), தொகுநோய்களை கடுக்கும் முறைகளை குறித்து திரு. T. அலர்சாந்தி, MBBS, DDVL, Deputy Director Medical Services (Leprosy), தொகுநோயின் பிரிவுகளை பற்றி குறித்து திரு. T. செல்வகுமார் Non-Medical Supervisor, மற்றும் திரு. A.P. வெலிக்ன் Non-Medical Supervisor தொகுநோய் விழிப்புணர்வு மற்றும் அனைத்துவிதமான பற்றி எடுத்துரைத்தார்கள். வினை ஒடுங்குகணையாளர் செல்வி. S. அனுநித்யா அவர்கள் நன்றியுரை வழங்கினார்.

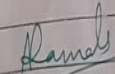
1. 
DDMS(Leprosy)
Tirunelveli

2. 
District Health Educator
O/o DDMS

3. 
N.M.L.

4. 
N.M.L.

5. 
N.M.L.





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WORLD TB DAY 2022

Theme: Invest to end TB Save Lives

RED RIBBON CLUB & YOUTH RED CROSS

Cordially Invites you all for the

TB AWARENESS PROGRAMME FOR COLLEGE STUDENTS

Date : 08.04.2022(Friday)
Time : 11.00 am - 12.00 pm
Venue : Sri Vidhya Block (MCA Library)

Programme Schedule

11.00am - 11.05am	Prayer Song	Selvi.S. Veera Manohari, III BCA
11.05am - 11.10am	Welcome Address	Dr.(Smt)N.Kamala, Principal
11.10am - 11.15am	Blessings	Yatiswari Saravanabhavapriya Ambaji, Secretary
11.15am - 11.20am	Introductory Address	Smt.P.Anusha, MCA, M.Phil,DGT, RRC Coordinator
11.20am - 11.55am	Special Address	1. Dr. S. Vellasamy, MBBS, DTCD, Deputy Director of Medical Services(TB), DTC, Tenkasi. 2. Mr. A.Mari Muthu Samy, MA, DNHE, District Health Educator, DTC, Tenkasi. 3. Mr. K.Dinesh, DPPM, DTC, Tenkasi 4. Mr. M.Prakash, Senior Treatment Supervisor
11.55am - 11.58am	Vote of Thanks	Smt. M.Lalitha, M.A., M.Phil, YRC Joint Coordinator
11.58am - 12.00pm	College Song	

RED RIBBON CLUB

காசநோய் விழிப்புணர்வு நிகழ்ச்சி

08-04-2022 அன்று நமது கல்லூரியின் செஞ்சுருள்
எங்கத்தின் சார்பாக காசநோய் விழிப்புணர்வு
முகாம் நடைபெற்றது. நமது கல்லூரியின் செஞ்சுருள்
எங்கம் யுருங்கிணைப்பாளர் சிந்தி பி. அஷ்வாா மற்றும்
செஞ்சுருளை எங்கம் யுருங்கிணைப்பாளர் ம.லலிதா
அவர்கள் நிகழ்ச்சி 1. Dr. s. Vellasamy, MBBS, DTCD,
Deputy Director of Medical Services (TB), DTC, Tenkasi,
2. Mr. A. Mari Muthu Samy, MA, DNHE District Health
Educator, DTC, Tenkasi, 3. Mr. K. Dinesh, DPPM, DTC, Tenkasi,
4. Mr. M. Prakash, Senior Treatment Supervisor, அவர்கள்
காசநோயைப் பற்றி அடுத்துவந்தார்கள். யுருங்கிணைப்பாளர்
செஞ்சுருளை எங்கத்தின் M. லலிதா அவர்கள் நன்றியுரை
யுருங்கினார்கள்.

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சிறப்பு விருந்தினர்கள்

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WORLD AIDS DAY 2021

Cordially Invites you for the

RED RIBBON CLUB

AIDS AWARENESS PROGRAMME FOR COLLEGE STUDENTS

Date : 03.12.2021(Friday)
Time : 12.00 pm - 01.00 pm
Venue : Sri Vidhya Block

Programme Schedule

12.00 pm - 12.05 pm	Prayer Song	Selvi.Y.EzhilDharani, II MCA
12.05 pm-12.10 pm	Welcome Address	Dr.(Smt)N.Kamala, M.Com.,M.Phil.,NET,PGDCA, Ph.D.,CGT, Principal
12.10 pm - 12.15 pm	Blessings	YatiswariSaravanabhavapriyaAmbaji, Secretary
12.15 pm - 12.20 pm	Introductory Address	Smt.P.Anusha,MCA.,M.Phil., Dean - Institutional Social Responsibility
12.20 pm - 12.55 pm	Special Address	1. Mr.,M.Jeyakumar, District Program Supervisor, District AIDS Control & Prevention Unit, Collectorate, Tirunelveli 2. Mr.A.Amalavalan, District Program Manager, District AIDS Control & Prevention Unit, Collectorate, Tirunelveli 3. Ms. Gnana Durai, ICTC, Melapalayam
12.55 pm - 01.00 pm	Vote of Thanks	Ms. S.Anu Nithya, M.A.,M.Phil., RRC Joint Coordinator
	College Song	

Kamala
2/12/21

RED RIBBON CLUB

எச்.ஐ.வி / எய்ட்ஸ் விழிப்புணர்வு திகழ்ச்சி

03.12.2021 அன்று நமது கல்லூரியில் ரெட்குரன் சங்கத்தினர் மூலமாக எச்.ஐ.வி விழிப்புணர்வு மூலம் நடைபெற்றது. நமது கல்லூரியின் ரெட்குரன் சங்கத்தினர் வருங்கலை யாளர் திருமதி பி. அனுஷா அவர்கள் வரவேற்பு செய்துள்ளார். மேலும் சிறப்பு விருந்தினர்கள் திரு.எம்.விஜய குமார் பிஃஹிட் ப்ரொகிராம் சூப்பர்வீசர் மற்றும் திரு. எ. அமலவலன் பிஃஹிட் ப்ரொகிராம் மாநேஜர், எச்.ஐ.வி எய்ட்ஸ் குறித்து விழிப்புணர்வு ஏற்படுத்தியதுடன், சூர்.சூர்.சி அதன் நோக்கங்கள் மற்றும் சூர்.சூர்.சி பிரிவை வலுப்படுத்துதல் பற்றிய கருத்தையும் பகிர்ந்து கொள்ளினார்கள். விருந்தினர் களை வருங்கலைப்பாளர் ரிசுவி S. அனுநித்யா நன்றியுரை வாங்கினார்.

1. M. Jeyakumar
2. A. Anusha
3. A. Anu

Kamala
3/12/21
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சிறப்பு விருந்தினர்கள்



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NATIONALSERVICESSCHEME(NSS) Report

SWAACH BHARATH ACTIVITY – 2021-2022

On 22.07.2021, Campus cleaning work was done in the college premises. 167 NSS Volunteers of Unit number 24 and 153 were enthusiastically participated and cleaned the college premises.



BLOOD GROUP IDENTIFICATION AND BLOOD DONATION CAMP

NSS UNITS - 24,25,153 & 233

DATE – 18.11.2021

NSS Units 24,25,153,233,YRC & RRC of Sri Sarada College for Women (Autonomous) organized a blood group identification and blood donation camp . The camp was supervised by a medical team from TIRUNELVELI MEDICAL COLLEGE, consisting of 10 Healthcare workers headed by Dr.PUNITHA RANJITHAM. Around 503 students came forward and got their blood group identified. About 40 students participated in the blood donation camp. Certificates of appreciation were given to the donors.



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Blood identification and blood donation camp

NATIONAL VOLUNTEERS DAY

On 07.12.2021 National Volunteers Day was celebrated through online. Selvi.S.Rani, Training Co-ordinator, NSS Embedded Training Institute, Avinasilingam Institute for Home Science, Coimbatore 641 043, delivered motivational talk on Volunteerism and Doing of NSS Activities. On Occasion of Volunteers Day celebration the Campus was cleaned.



National Volunteers Day

SWACCHA BHARATH ACTIVITY

On 23.04.2022, On occasion of SWACCHA BHARATH mission Tamirabharani river was cleaned by our NSS volunteers of Unit Number 24,25,153,233,237 were enthusiastically participated and involved themselves in the cleaning work.



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CANCER AWARENESS PROGRAMME

On 22.10.2021, Cancer Awareness Programme was conducted. Dr.R.SynthiaSaroja, BSMS, Screening Medical Officer, Nellai Cancer Care Centre, Tirunelveli -627002 acted as a resource person and explained the good food habits and the preventions to avoid cancer, and the symptoms for early identification of cancer. 6 Faculty members and 186 students were participated.



Cancer Awareness Programme

AWARENESS PROGRAMME ON WOMEN AND CHILDREN PROTECTION ACT

On 23.10.2021 Talk on Women and Children Protection Act, was given by Smt.Meeral Banu, Inspector of Police Anti Child Traffic Unit. Sri.M.Muthukumar (Head Constable – IUCAW) and Sri.S. Sreenga Perumal (Special Sub-Inspector of Police- IUCAW), Tirunelveli delivered talk on Women and Child safety. 7 Faculty members and 89 Students were participated.



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WOMEN HEALTH AND EMPOWERMENT

NSS UNITS – 25 & 233

DATE – 19.11.2021

NSS units 25 and 233 of Sri Sarada College for Women (Autonomous) organized an awareness programme on "WOMEN HEALTH AND EMPOWERMENT". Welcome address was delivered by Dr.T.DHANALAKSHMI ,Programme officer , Unit No.233 . Presidential address was given by Dr.N.KAMALA, The Principal. Prof.Dr.D.K.SOUNDARARAJAN, M.B.B.S.,M.D.(Paediatrics), (H.O.D , Department of Paediatrics , Government Siddha College , Palayamkottai) delivered a lecture on "WOMEN HEALTH AND EMPOWERMENT" . Vote of Thanks was delivered by Dr.P.ANNABABY ,Programme officer , Unit NO.25 . The programme was compered by Muthulakshmi , NSS Secretary. The Programme ended with the college song. About 100 students participated in the programme.



WOMEN HEALTH AND EMPOWERMENT



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KABASURA KUDINEER DISTRIBUTION

NSS UNITS – 24,25,153& 233

DATE – 24.11.2021, 25.11 2021 &26.11.2021

NSS units 24,25,153& 233 of Sri Sarada College for Women (Autonomous) distributed KABASURA KUDINEER decoction to the students . As directed by Government Siddha College, Palayamkottai, NSS Volunteers of the above mentioned units distributed the kabasurakudineer to all the school students; arts and science students of Sri Sarada group of Institutions . On account of rising COVID cases in foreign countries in order to enhance the immune strength among the students, the decoction was distributed to the students.



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SPECIAL CAMP REPORT

UNIT NO 233 & 237

Inaugural function of NSS Special Camp - Presidential address was given by Dr.N.KAMALA, Principal of Sri Sarada College For Women (Autonomous), Tirunelveli. President Mrs.M.Subbulakshmi and Former Councillor Mr.Narayamasamy of Ariyakulam Panchayat inaugurated the function.



Inaugural function of NSS Special Camp



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HEALTH AWARENESS PROGRAMME

Date: 10.05.2022

Dr.SoundaraRajan, Principal in charge of Government Siddha medical college, Tirunelveli, addressing the gathering on " Women's health " and distributed kabasurakudineer .



CONSUMER AWARENESS PROGRAMME TOWARDS USING CLOTH BAGS

NSS Units 153,24,25

Dr (Smt) A.ArunaDevi, Associate Professor & Head, Dept of Corporate Secretaryship and Smt.Milkavijayan, Assistant Professor, Dept of commerce addressed the gathering regarding the importance of cloth bags and consumer awareness.



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HEALTH AWARENESS PROGRAMME AND WOMEN WELFARE SCHEMES

NSS Units 153,24,25

On 08.03.2022, Smt. A.Shanmugapriya, Assistant Professor, Department of Economics, addressed the gathering on "Healthy diet". Dr (Smt).Shanmugathangam, addressing the gathering regarding Legal Awareness. Smt Yamuna , Deputy block development officer of Palayamkottai, addressed the gathering regarding Women Welfare schemes.



Health and Women Welfare Awareness Programme

AWARENESS PROGRAMME ON IMPORTANCE OF SMALL SCALE INDUSTRY

NSS Units 153,24,25

Dr (smt).Kalavathi , Head , Department of Economics gave a speech on, "Importance of Small scale industry".



Awareness Programme for Small Scale Entrepreneur



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Dr.Soundararajan, Principal in charge of Government Siddha medical college, Tirunelveli, and a group of paediatry post graduates organised a free medical camp on general examination . Village people and NSS volunteers participated in the camp.



AWARENESS PROGRAMME ON ENTREPRENEURSHIP CULTURE AND SERVICE OF BANKS IN DAY TO DAY LIFE

Mrs Sornam, Proprieter of Tirunelveli Kavya Fashion Institute, organised a workshop on self employment. Mrs.S.Sangeetha, Programme Officer, NSS Unit 237 addressed the gathering on “Service of banks in day to day life”. Mrs.S.Gomathi, Librarian of Sri Sarada College for women addressed the gathering on self motivation.



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ENVIRONMENTAL AWARENESS PROGRAMME

NSS Unit 153,24

A Rally was organized on 10.05.2022 by NSS volunteers of Sri Sarada College for women carrying plug cords with slogans emphasizing the importance of Plastic free environment and the importance of Balanced diet. They also planted saplings throughout the village.



A Shield was presented to our college on behalf of, people of Thalavaipuram village encouraging the active work of NSS volunteers of Units 233 & 237.



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