



Sri Sarada College For Women

(An Autonomous Institution)

(Reaccredited with “A” grade by NAAC)

Institution included u/s 2(f) and 12(B) of UGC

Affiliated to Manonmaniam Sundaranar University

(A branch of Sri Ramakrishna Tapovanam, Tirupparaithurai)

Ariyakulam, Tirunelveli Thoothukudi –High Road, Maharaja Nagar Post,

TIRUNELVELI- 627 011.



INCLUSION AND SITUATEDNESS



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Website: <http://www.srisaradacollege.org>

E.mail: srisaradatvl@gmail.com

INSTITUTIONAL EFFORTS/INITIATIVES IN PROVIDING AN INCLUSIVE ENVIRONMENT

Education and cultural training are indispensable for the development of the human society with unity in diversity principle and practice. Women more than men need such training, as it is, they who protect and preserve the culture of a society/country. This institution has been making sincere efforts for the past 36 years to impart value-based education and has attained success to a considerable extent. Our guiding stars in this great endeavour are the Holy Trinity, Sri Ramakrishna Paramahansa, Holy Mother Sri Sarada Devi and Swami Vivekananda the Youth Icon. The principles of these three divine lives have reached us through our Founder President Srimat Swami Chitbhavanda Maharaj. It is to fulfil his dear wish about a centre of higher education for women that will create *Nirai Nangayar*, the perfect women, that Sri Sarada College for Women, Tirunelveli started 36 years back in 1986. The objectives of the college to impart holistic personality of the students, who are from different regions, linguistic communal background with different socio-economic strata. We orient them to give respect and reverence to elders. The custom of greeting/saying "Namaskaram" to teachers, elders, *Sadhus* and *Sanyasins*. During Navaratri celebrations our college has created Social awareness, Religious and Spiritual awareness among the students through *Kolu* display. The groups of students are divided into four houses- *Sarada*, *Gadadhar*, *Narendra* and *Niveditha* for purposes of extracurricular activities/responsibilities of the college also brings in a sense of belonging and co-operation within a community. The dolls of historical importance would be arranged to depict the theme which explains the happenings in the *puranas* and epics namely *Ramayana* and *Mahabharata*. It is visited by the local village and suburban public and government officials. Features of public viewing the cultural differences is an asset and not as a barrier.

The traditional dress code green colour saree for UG and pink colour saree for PG is uniformly followed by the students to eliminate the difference between rich and poor. It creates oneness and brings harmony in the academic environment. The cultural and linguistic problems are sponged out through induction programmes, bridge courses and refresher course handled by all the disciplines among the rural based and city students and English and Tamil medium students. During morning assembly/prayer, students sing/chant religious harmony songs. On several occasions like Jayanthi celebrations of Holy Mother Sri Sarada Devi, *Antaryogams* or spiritual retreat programmes, *Siriapu Vazhipadu* or special Pooja and *Aikkiya Vazhipadu* (congregational worship) on the full moon day, devotees and the public whole heartedly visit the campus for prayer. On all these occasions' students take care of the visitors in various ways and thus learn the nuances of community living.



M. Malavikhi

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P. R. R. R.





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INTERNATIONAL YOGA DAY - 21.06.2019



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Vth INTERNATIONAL YOGA DAY CELEBRATION
PROGRAMME SCHEDULE

DATE: 21.06.2019 DAY: FRIDAY TIME: 9.30A.M-11.00 AM
VENUE: Sr.NIVEDITA AUDITORIUM

TIME	PROGRAMME	
9.30-9.45	Arati & Prayer	
9.45-9.50	Welcome Address	Selvi S.Subashini III B.Sc., Computer Science
9.50-9.55	Blessings	Yatiswari Saravanabhava Priya Amba Secretary
9.55-10.00	Introductory Address	Dr. (Smt.)M.Malarvizhi, Principal
10.00-10.05	Felicitation	Prof.(Major)P. Chandrasekaran Director
10.05-10.15	Yoga Day Address I-Students	SPEECH IN ENGLISH: Selvi S.B.Sugeethah III B.A., English SPEECH IN TAMIL : Selvi J.E.Jetty III B.Sc., Chemistry
10.15-10.25	II-Faculty	Smt.V.Vidhya Physical Director
10.25-10.35	III-Chief Guest	Smt.K.Ramasankari Secretary Rashtra Sevika Samithi (Kanyakumari District, Tirunelveli District, Tuticorin District)
10.35-10.50	Yogasanam	II Year UG Students
10.50-10.55	Prize Distribution	By the Chief Guest
10.55-11.00	Vote of Thanks	Selvi J.Raja Santhiya, II B.Sc., Mathematics
		College Song



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SAMATHUVA PONGAL



M. Malavishi

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P. Pruthi





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MORNING PRAYER



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MORNING STUDENTS ASSEMBLY

S. No.	DAILY PRAYER SCHEDULE
1	Namavali
2	Prayer Song
3	Archana
4	Gayathri Mantra
5	Meditation
6	Dinasari Diyanam- Tamil
7	Daily Devine Digest- English
8	Thirukkural for Today
9	Learn a Sanskrit Word a Day
10	Know Your English
11	Information for Today
12	Today's News
13	Youth Inspirational Song
14	Lalitha SarasraNamam
15	Varuna Japam
16	College Song



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P. Sankaran

