



## **SRI SARADA COLLEGE FOR WOMEN (AUTONOMOUS)**

Affiliated to Manonmaniam Sundaranar University, Tirunelveli 627012  
Reaccredited with "A" Grade by NAAC & Institution included u/s 2(f) & 12 B of UGC,  
(A branch of Sri Ramakrishna Tapovanam Tirupparaithurai), Thoothukudi NH, Ariyakulam village,  
Maharaja Nagar Post

**TIRUNELVELI 627011**

### **INTERNATIONAL YOGA DAY PROGRAMME**

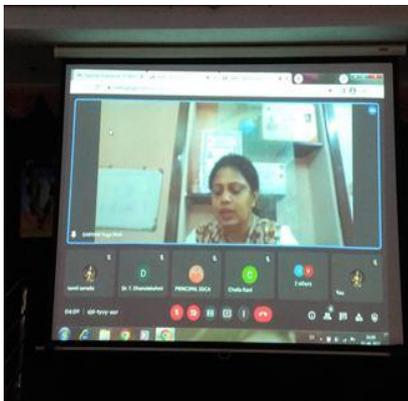
**(15 Days Lecture Workshop)**

**(7-6-22 to 21-6-22)**

**Venue:** Seminar Hall

**Date:** 07.06.2022

**Mode:** Online Mode



**The Students of B.Ed. and Faculty members of Sri Sarada College for Women (Autonomous)-Tirunelveli - 627011, have participated in the Online event "History of Yoga" by Ms. Thilakavathy Niranjani, Yoga Instructor & Therapist, The Founder and CEO of SARYAM Yoga Club, Maduravoyal, Chennai - 600095 on 07<sup>th</sup> June 2022 from 2.00 pm – 3.00 pm.**